

PACKAGES

The Ultimate Escape

6 hr | \$475

Learn the true meaning of relaxation by giving yourself a one-day, stress free vacation. Indulge yourself with a Serenity Relaxation Massage, Serenity Signature Facial, Healing Mud Body Cocoon, Spa Manicure and Spa Pedicure, Shampoo, Style and Deep Conditioning Treatment. Take a break midday to enjoy a spa lunch. This package will help you forget why you needed a day away in the first place.

Half Day Getaway

2.5 hr | \$255

If you don't have time for a full day of treatments and still want some time for yourself, this package is for you. Receive a Swedish Massage, European Skincare Treatment, Classic Manicure and a Classic Pedicure. This package will revive you and let you take on the rest of the day.

Couples' Day Away

5 hr | \$558

Set aside a day to participate in your partner's treatments. With this package, you will really have some great quality time together. While each partner is enjoying a facial, the other can be present to provide a Foot Massage. And when it's time for the Healing Mud Body Cocoon, one can participate with the caregiver by painting the mud on their partner themselves. After those treatments are provided, you will then be taken to our couple's massage room, where you and your partner will enjoy your Couples Massage. Light lunch provided.

Serenity Sampler

75 min | \$190

Perfect for a first-time spa experience, the Serenity Sampler will introduce you to some of the best treatments our spa has to offer. Receive a 25-minute massage, an Express Facial and our Invigorating Body Scrub. Once you see the new you, you will want more.

Herbal Detox

2.5 hr | \$255

An herbal cleansing and revitalizing program for today's toxin, laden lifestyle. Begin with an Invigorating Body Scrub, followed by a Contouring Cellulite Wrap and finish with a Swedish Massage using detoxing aroma oils. Detoxing has never been so much fun.

Serenity Delight

2.5 hr | \$275

The ultimate full-body spa experience. Receive a European Facial, Healing Mud Body Cocoon, rich with vitamins and minerals and a full-body Swedish Massage. Your body will thank you.

Couples' Body Bliss

105 min | \$410

Relax and renew side-by-side with our 105-minute body experience. Begin with a rejuvenating foot mask and nourishing hand mask, followed by a foot, leg, hand and arm massage using lavender massage oil for her and Eucalyptus massage oil for him. Then onto a back-mud wrap, lavender and ylang ylang for her, and Eucalyptus and peppermint for him. Enjoy a leg and back massage, and finish with a relaxing scalp massage. A delicious chocolate fondue, glass of wine and take home gift complete this decadent experience.

Mother and Daughter Getaway Package

50 min | \$210

Set aside some family time to enjoy a 25-minute relaxing massage side by side, followed by a fun Ice Cream Pedicure. Using our Ice Cream Fizzy products, you will receive a nail reshape and cuticle touch-up, foot hydration and polish.

SerenitySpa

by westgate

*Complimentary use of our
Redwood Sauna, Eucalyptus
Steam Room, Hydrotherapy Spa
and Fitness Center is included with
your services.*



WESTGATE LAKES
RESORT & SPA

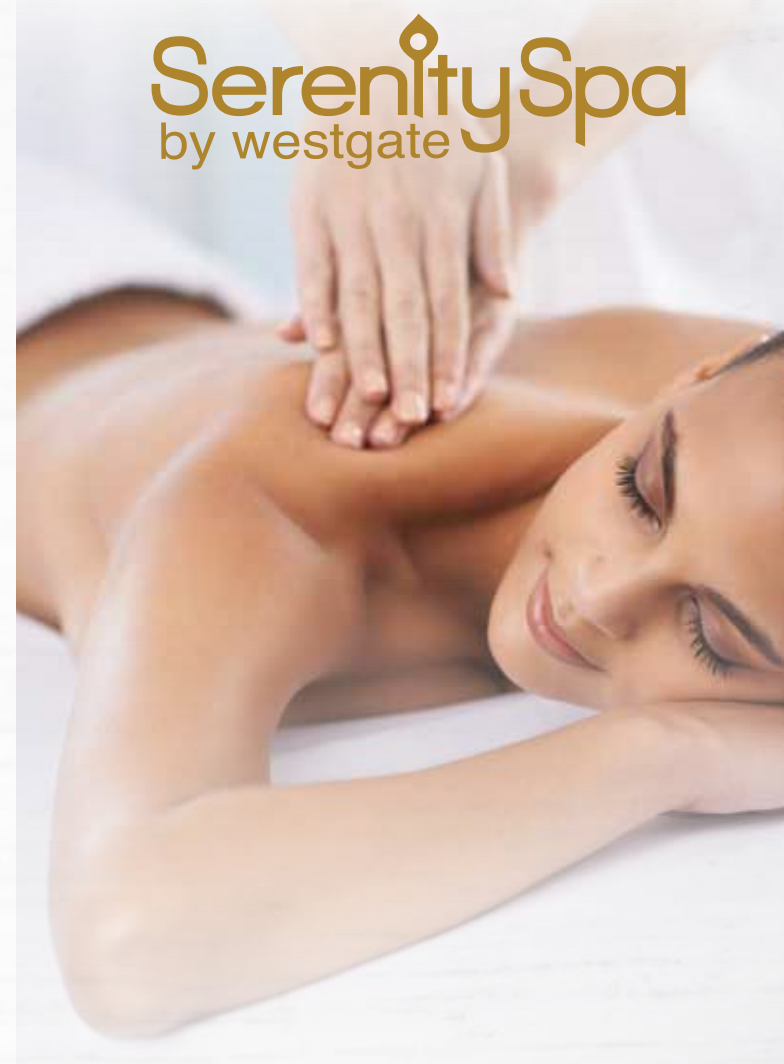
Located on the Third Floor
Inside the Pavilion
407-992-2938 or Extension 8724
www.serenitybywestgate.com

SPA ETIQUETTE

- A credit card is required at the time of booking to hold spa reservations.
- Please arrive 15-20 minutes prior to your scheduled treatment to change into a spa robe and begin relaxation.
- We kindly ask that all Guests silence their cell phones to ensure a tranquil experience for everyone.
- There is a four-hour cancellation/rescheduling policy. Failure to cancel/reschedule treatments within this time frame will result in a 50% service and 20% gratuity fees.
- Guests that arrive late will be charged full treatment price.
- If you would like to request a specific technician, please do so at time of booking.

SerenitySpa

by westgate



MENU OF SERVICES



FACIALS

Express Facial	25 min \$70
Queen of Versailles Rejuvenating Facial	50 min \$105
Serenity Signature Skincare Treatment	50 min \$115
Acneic Skincare Treatment	50 min \$105
Age Smart Skincare Treatment	50 min \$130
European Facial	50 min \$95
Serenity Facial Peels	25 min \$85
Microdermabrasion	\$85

FACIAL ENHANCEMENTS

Ultimate Eye Rescue	\$30
Ultimate Lip Rescue	\$20
Hand Treatment	\$20
Facial Waxing (chin, eyebrows, lip)	
	1 area \$20
	2 areas \$35
	3 areas \$45

MEN'S QUARTERS

Men's Hair Cut	\$25 and up
Men's Hair Color	\$40
Manicure	25 min \$25
Pedicure	25 min \$45
Healing Foot Treatment	25 min \$45
Gentleman's Facial	50 min \$95

BODY TREATMENTS

Healing Mud Body Cocoon	50 min \$99
Invigorating Body Scrub	25 min \$70
Avocado, Aloe and Sweet Orange Hydrating Cocoon	50 min \$99
Contouring Cellulite Wrap	50 min \$99
Aloe and Eucalyptus Sunburn Soothing Wrap (localized areas)	25 min \$55

MINI SPA GENERATION SERVICES

(AGES 12 AND YOUNGER)

Mini Ice Cream Manicure	20 min \$25
Mini Ice Cream Pedicure	25 min \$40
Hair Cuts for Boys & Girls	\$25 and up
Cleansing and Hydrating Facial	25 min \$50

SPA GENERATION SERVICES

(AGES 13 - 15)

Spa Generation Massage	25 min \$55
Spa Generation Facial	25 min \$55
Ice Cream Manicure	25 min \$30
Ice Cream Pedicure	25 min \$45
Spa Generation Brow Design	15 min \$20

MASSAGES

Relaxation Massage	25 min \$70
	50 min \$95
	80 min \$145
Couples Relaxation Massage (price per couple)	50 min \$190
	80 min \$290
Hot Stone Massage	50 min \$105
	80 min \$155
Deep Tissue Massage	50 min \$110
	80 min \$160
Back, Shoulder and Neck Massage	50 min \$99
Prenatal Massage (available during second and third trimester)	50 min \$99

MASSAGE ENHANCEMENTS

Aromatherapy	\$10
Foot Scrub	\$10
Hot Stones	\$10
Zen Bamboo	\$10
Deep Tissue	\$15
Back Scrub	\$15
Healing Back Mud	\$20

SALON SERVICES

Shampoo and Blow-Dry	\$45 and up
Women's Cut and Style	\$60 and up
All Over Color	\$90 and up
Color Touch-Up (roots only)	\$70 and up
Partial Highlights	\$95 and up
Full Highlights	\$130 and up
Additional Color	\$25 and up
Deep Conditioning Treatment (no blow-dry)	\$25 and up
Toner with Color Service	\$40 and up
All Over Toner and Gloss	\$55 and up
Specialty Color (Balayage, Ombre, etc.)	\$100 and up
Special Occasion Styling	\$55 and up

NAIL SERVICES

Manicure Gel Polish Removal	\$10
Classic Manicure	25 min \$30
Spa Manicure	50 min \$50
Hand Rehydrator	25 min \$30
French Manicure	25 min \$35
Pedicure Gel Polish Removal	\$15
Classic Pedicure	25 min \$45
Spa Pedicure	50 min \$65
Paraffin Add-On Pedicure	Add \$20
Silky Feet Treatment	25 min \$45
Gel Polish Manicure	50 min \$40

License #MM9801 Effective 7/2016, this replaces any other price lists which may be in circulation. Please call 407-992-2938 to schedule your spa escape, Resort Extension 8724. See our complete menu of services online for packages and additional offerings, policies and full treatment descriptions. Prices and offerings subject to change. Prices exclude 20% service charge.

BATH BUTLER

*RESORT GUESTS ONLY | \$70

Experience a taste of Serenity Spa by Westgate in your own villa with one of our indulgent hydrotherapy baths. Allow our Bath Butler to prepare everything for you and then leave you to relax and enjoy the soothing waters.

All bath treatments include exfoliating cream, bath body oil, Me Bath Ice Cream effervescent bath soak and a scented candle.

Touch of Romance

Soak up the romance with this opulent champagne and rose aroma. Reconnect as you massage each other's body with our champagne and rose exfoliating scrub and luxurious oil for a blissful experience.

Touch of Tranquility

Relax and calm your spirit with our lavender scent and drift off into a world of your own. Lavender has the power to calm, relax and help aid a peaceful sleep. Let your dreams carry you away.

Touch of Healing

Indulge with our signature green tea aroma, rich in antioxidants. A great benefit for the mind, body and skin.

Touch of Tropical

The refreshing aroma of mango will send your senses on a relaxing journey to a tropical island, no sun and sand required.

Decadent food and beverage items may be purchased from the À La Carte menu at an additional cost to complete your experience.

\$70 includes complete set up by your Bath Butler, which will ensure ultimate relaxation and serenity.

BATH BUTLER À LA CARTE MENU

(PLEASE CALL FOR PRICING)

- Chocolate Dipped Strawberries
- Selection of Hydrating Body Oils and Moisturizers
- Selection of CDs for Relaxation and Meditation
- Serenity Spa Waffle Robe
- Sandals
- Additional Candles

FITNESS SERVICES

One-On-One Training Session	Owner	\$55
	Guest	\$65
One Month Personal Training	Owner	\$540
	Guest	\$660
Two Month Personal Training	Owner	\$960
	Guest	\$1,200
Fitness Frenzy Package (\$20 savings)	Owner	\$145
	Guest	\$175
Nutritional Consultation		\$60