

## Polish Change (Hands Only)

15 minutes

**Manicure** 

25 minutes

A traditional manicure to reshape nails, condition and groom cuticles, and massage moisture into your hands. The service is completed with a buffing or fresh coat of polish.

#### Gel Polish Manicure

\$50

\$15

\$35

45 minutes

The Gel Manicure includes cuticle remover and nail buffing. Gel polish is applied followed by a relaxing hand massage.

#### **Lush Manicure**

\$50

45 minutes

Our classic Manicure plus a facial for your hands. An exfoliating treatment gently polishes the skin followed by a deep, moisturizing massage.

#### **Quick Fix Pedicure**

\$45

25 minutes

Perfect for when time is limited and you need a quick fix. Feet are soaked, cuticles are maintained and nails are shaped, with your choice of buff or polish.

**Pedicure** 

50 minutes Feet are soaked and massaged, skin is gently exfoliated, cuticles are perfected and nails are reshaped and buffed or polished.

**Gel Polish Pedicure** 

\$80

\$65

50 minutes The Gel Pedicure includes cuticle remover and nail buffing. Gel polish is applied followed by a relaxing foot massage. An exfoliating sugar scrub is included.

#### **Lush Pedicure**

\$80

50 minutes

Our classic Pedicure with the addition of an enzyme that naturally softens callus build up without stripping the skin of essential moisture. Leaves your feet soft as can be!

#### Serenity Spa Pedicure

\$90

50 minutes

The ultimate in pedicures. Feet are cleansed, exfoliated, coated in a refining masque that improves circulation and enveloped in warm towels. A revitalizing massage follows, then a coat of polish finishes the service.

## FACIA

#### Fresh Faced

\$80

25 minutes

50 minutes

An abbreviated version of our Essential Facial for when you are short on time, but want to look your best. This facial is designed to refresh your complexion and leave your skin feeling fresh.

#### **Essential Facial**

Designed to fulfill the needs of most skin types. After a thorough skin analysis, our professionals will tailor the perfect combination of products to balance, revive and renew your skin. Included in this treatment are a gentle exfoliation, a luxurious massage and a nourishing mask. You will leave glowing.

## **Pure Results**

\$130

50 minutes Dramatically reduces congested pores and promotes clearer skin by regulating oil production. A thorough cleansing is carried out over your face and décolleté, while a unique blemish solution helps release blockages. The results are pure, balanced and healthy skin.

## Moisture Quench

refreshed complexion is revealed.

\$130 50 minutes Restore and maintain optimum moisture levels with this treatment. We use key ingredients which actively protect the

skin and restore the skin's ability to hold water. A dewy glow and

#### **Essence of Youth** \$130

50 minutes

Our anti-aging facial will restore luminance to your skin. This treatment incorporates a multi-action cocktail of vitamins that are infused into the deeper layers of the skin with a lifting and hydrating mask. It will plump fine lines and refresh tired eyes.

Gentlemen's Facial \$130 50 minutes Created to accommodate a man's special skin care needs, this

deep cleansing facial helps relieve sensitivities or irritations that can be caused by daily shaving and exposure to the elements. This facial leaves skin smooth and well-conditioned.

# MASSAGE

#### **Focus Massage**

\$80

25 minutes

Ideal for those short on valuable time. This is an area specific massage where special attention is paid to the head & neck, the back or the legs. We customize the experience to fit your needs.

#### Mother Nurture (Prenatal)

\$125

50 minutes

Designed to alleviate postural pressures due to normal body adjustments during pregnancy. This prenatal massage helps reduce fatigue by aiding the circulatory and lymphatic systems, bringing comfort and relaxation.

\*Not recommended during your first trimester.

#### Muscle Melt

\$125 / \$190

50 minutes/80 minutes

Based on the classic Swedish massage, this treatment utilizes specific movements with light to medium pressure. Our multi-talented therapists utilize a combination of massage methods to ease sore muscles, relieve tension and improve circulation.

#### Deep Surrender

\$140 / \$210

50 minutes/80 minutes

An intensive, deep-reaching massage technique specifically targeted at individual muscles. Designed to release deeply held patterns of tension, stress and fatigue. This treatment is both corrective and therapeutic.

## **Aromatherapy Elixir**

\$145 / \$215

50 minutes/80 minutes

A gentle yet powerful treatment combining specialized massage techniques and essential oils to unify the senses of touch and smell. Delivers an extraordinary feeling of well-being to both mind and body.

#### Himalayan Salt Stone Massage

\$195

75 minutes

This treatment combines tension-releasing massage techniques with hand carved Himalayan Salt stones as an extension of the therapist's hands. The radiating warmth allows you to experience profound relaxation, balance and an overall sense of well-being.

# MAS SA

**Muscle Melt** 

\$240 / \$370

**Deep Surrender** 

\$270 / \$410

**Aromatherapy Elixir** 

\$280 / \$420

Himalayan Salt Stone Massage

\$380

# RE

## Refresh Body Polish

\$80

25 minutes

Using a combination of extracts derived from superfoods, your therapist will buff tired skin to reveal a fresh, healthy glow.

## **Desert Oasis Body Glow**

\$140

50 minutes

You begin with a balancing exfoliation to reveal radiant skin followed by a luxurious application of soothing botanicals.

## Rescue Remedy

\$140

50 minutes

To cool and soothe overexposed or stressed skin you will be slathered in a soothing Aloe wrap before a cooling body tonic is applied to leave your skin calm and refreshed.

#### **Cool Relief** 80 minutes

\$195

A gentle exfoliation followed by a cooling body wrap will ease you into relief of the hot desert climate. The final step in this refreshing treatment is an application of hydrating body moisturizer.

#### **Purification Journey** 80 minutes

\$195

An invigorating body polish is performed before cocooning you in a detoxifying clay wrap. Once the clay is removed, a circulation boosting serum is applied that will aid in the elimination of toxins.

# S P A R E M I N D E R S

#### **ARRIVAL** We recommend that you arrive at least 30 minutes prior to your

scheduled service, to allow time to enjoy the steam, sauna and whirlpools, and relax and prepare for your treatments. As a courtesy to other guests, all treatments will end at the

scheduled time. CANCELLATIONS

## Cancellations or time changes must be received at least 24 hours

prior to the appointment time or you will be charged 50% of the price of the appointments. All "No Shows" will be billed at 100% full treatment rate.

**GRATUITIES** 

#### For your convenience, a 20% service charge will be added for each spa service you receive. Gratuities will be dispersed to the

spa staff that served you during your visit. Additional gratuities may be provided at your discretion.

#### SPA ETIQUETTE Serenity provides our guests with robes and sandals while you

are in the spa. Workout clothing or swimwear is not provided. To ensure our spa maintains a tranquil environment, please refrain

from using cell phones during your time here. This is your time to unplug from the outside world and reenergize yourself. We respectfully request that guests do not leave valuables in our

FITNESS CENTER

## Experience our state of the art fitness center equipped with

lockers at any time during their visit.

cardiovascular, circuit training and core training equipment. Each cardio piece is equipped with its own TV and iPod dock so please feel free to bring your headphones. \*CLOSED-TOE SHOES AND SHIRT MUST BE WORN IN THE

FITNESS CENTER.







